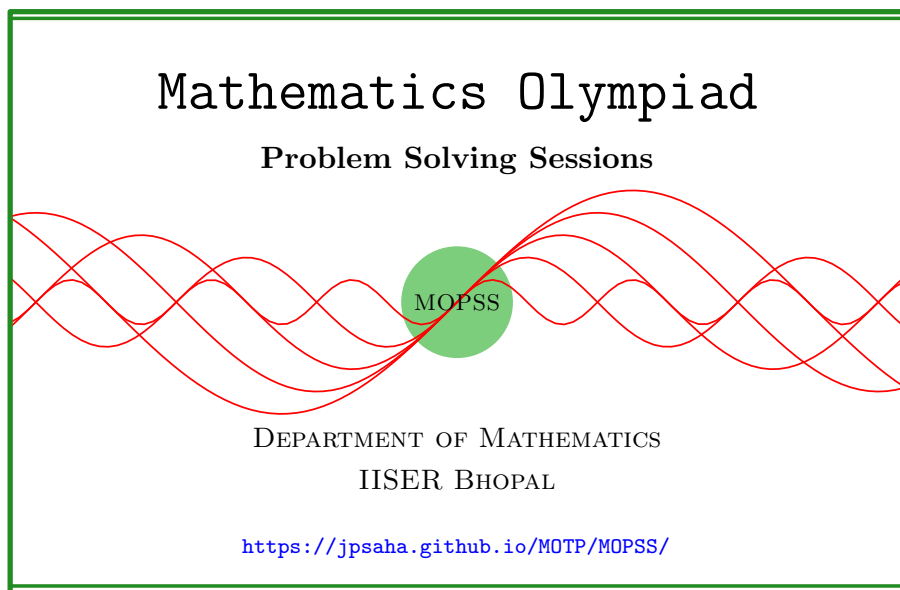


Parallelograms



Suggested readings

- Evan Chen's advice [On reading solutions](https://blog.evanchen.cc/2017/03/06/on-reading-solutions/), available at <https://blog.evanchen.cc/2017/03/06/on-reading-solutions/>.
- Evan Chen's [Advice for writing proofs/Remarks on English](https://web.evanchen.cc/handouts/english/english.pdf), available at <https://web.evanchen.cc/handouts/english/english.pdf>.
- [Notes on proofs](#) by Evan Chen from [OTIS Excerpts](#) [[Che25](#), Chapter 1].
- [Tips for writing up solutions](https://www.math.utoronto.ca/barbeau/writingup.pdf) by Edward Barbeau, available at <https://www.math.utoronto.ca/barbeau/writingup.pdf>.
- Evan Chen discusses why [math olympiads](#) are a valuable experience for [high schoolers](#) in the post on [Lessons from math olympiads](#), available at <https://blog.evanchen.cc/2018/01/05/lessons-from-math-olympiads/>.

List of problems and examples

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§1 Parallelograms

Exercise 1.1 (RMO 2005 P1, AoPS). Let $ABCD$ be a convex quadrilateral. Let P, Q, R, S be the midpoints of AB, BC, CD, DA respectively such that triangles AQR and CSP are equilateral. Prove that $ABCD$ is a rhombus. Determine its angles.

Walkthrough —

- (a) Show that PS, RQ are parallel and are of the same length, to conclude that $PQRS$ is a parallelogram.
- (b) Using the fact that triangles AQR and CSP are equilateral, show that $\angle CSP, \angle AQR$ are equal.
- (c) Use this to prove that AQ is parallel to CS , and are of the same length.
- (d) Prove that AB is parallel to CD , and are of the same length, to conclude that $ABCD$ is a parallelogram.
- (e) Since the medians AR, CS of $\triangle ACD$ are of the same length, show that $\angle RAC, \angle SCA$ are equal.
- (f) Use this to prove that $\triangle RAC, \triangle SCA$ are congruent, and hence, $AD = CD$.
- (g) Conclude that $ABCD$ is a rhombus.
- (h) Show that the medians of $\triangle ACD$ are equal, to conclude that $\triangle ACD$ is equilateral.
- (i) Determine the angles of the rhombus $ABCD$.

Solution 1. Since P, S are mid-points of AB, DA respectively, it follows that PS is parallel to BD and it is equal to $\frac{1}{2}BD$. Similarly, RQ is parallel to BD and it is equal to $\frac{1}{2}BD$. This shows that PS, RQ are equal and parallel to each other.

Thus $\angle CSP, \angle CUQ$ are equal. Since $\triangle CSP, \triangle AQR$ are equilateral, it follows that $\angle CSP, \angle AQR$ are equal to 60° . This shows that $\angle CUQ$ is equal to $\angle AQR$. Consequently, AQ is parallel to CS , and they are equal. This implies that $AQCS$ is a parallelogram. Hence, AD is parallel to BC , and they are equal since S (resp. Q) is the mid-point of AD (resp. BC). Consequently, $ABCD$ is a parallelogram.

Since the medians AR, CS of $\triangle ACD$ are equal, it follows that $\angle RAC, \angle SCA$ are equal. This implies that $\triangle RAC, \triangle SCA$ are congruent, which gives $AS =$

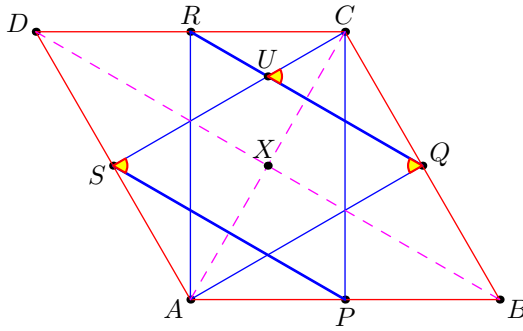


Figure 1: India RMO 2005 P1, Exercise 1.1

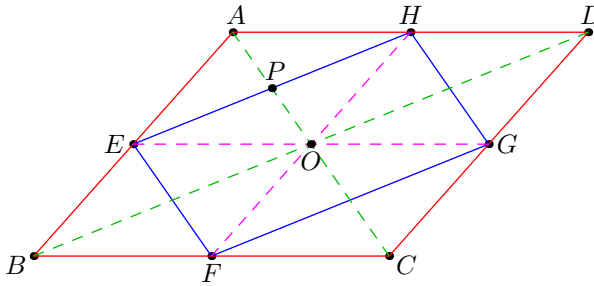


Figure 2: India RMO 2011b P5, Exercise 1.2

RC , and hence, $AD = CD$. Since $ABCD$ is a parallelogram and $AD = CD$, it follows that $ABCD$ is a rhombus.

Denote by X the point of intersection of the diagonals of $ABCD$. Note that DX is a median of $\triangle ACD$, and $DX = \frac{1}{2}BD = PS = CS$. Using the equality of the medians DX, CS of $\triangle ACD$, we get that $AC = AD$. Since AC, AD, CD are equal, it follows that $\triangle ACD$ is equilateral. Thus, $ABCD$ is a rhombus with $\angle ADC = 60^\circ$. Moreover, we have

$$\angle ABC = 60^\circ, \angle DAB = \angle DCB = 120^\circ.$$

■

Exercise 1.2 (RMO 2011b P5, AoPS). Let $ABCD$ be a convex quadrilateral. Let E, F, G, H be the midpoints of AB, BC, CD, DA respectively. If AC, BD, EG, FH concur at a point O , prove that $ABCD$ is a parallelogram.

Walkthrough —

- (a) Show that EH, FG are parallel and equal in length, hence $EFGH$ is a parallelogram.

- (b) Let P be the point of intersection of AC and EH . Show that the diagonals AO and EH of the quadrilateral $AEOH$ bisect each other.
- (c) Show that AE is parallel and equal to OH .
- (d) Show that AB is parallel and equal to FH .
- (e) Similarly, show that CD is parallel and equal to FG .
- (f) Conclude that $ABCD$ is a parallelogram.

Solution 2. Since E, H are the midpoints of AB, AD respectively, it follows that EH is parallel to BD and $EH = \frac{1}{2}BD$. Similarly, considering the midpoints F, G of BC, CD respectively, we get that FG is parallel to BD and $FG = \frac{1}{2}BD$. Thus, EH and FG are parallel and $EH = FG$. Hence, $EFGH$ is a parallelogram, and so, the diagonals EG, FH bisect each other.

Let P be the point of intersection of AC and EH . Since EP is parallel to BO and E is the midpoint of AB , it follows that $AP = PO$. Considering the midpoints H, G of AD, CD respectively, we get that HG is parallel to OP . Since EG, FH bisect each other at O , it follows that $EO = OG$. Combining this with the fact that HG is parallel to OP , we get that $EP = PH$. This shows that the diagonals AO, EH of the quadrilateral $AEOH$ bisect each other. This implies that the triangles $\triangle APE$ and $\triangle OPH$ are congruent. Hence, $AE = OH$ and AE is parallel to OH . Also, since E is the midpoint of AB and O is the midpoint of FH , it follows that AB is parallel to FH and $AB = FH$. Similarly, considering the midpoints F, G of BC, CD respectively, we get that CD is parallel to FG and $CD = FG$. Thus, $ABCD$ is a parallelogram. ■

Remark. The fact that the midpoints of the sides of any quadrilateral form a parallelogram, is known as Varignon's theorem.

References

- [Che25] EVAN CHEN. *The OTIS Excerpts*. Available at <https://web.evanchen.cc/excerpts.html>. 2025, pp. vi+289 (cited p. 1)